

## Autumn Newsletter 2022



### HELLO FROM THE CHAIRMAN

I hope everyone had a good summer and played as much tennis as they wanted to. We had lots of heat and hardly any rain but at least our artificial grass didn't go brown! All our teams have been in action and mostly held their own in the Hampshire leagues; there is a summary from the captains later in this newsletter.

Events conspired against us with the Club Champs finals day. We took the decision that it would not be right to hold a day of fun and socialising immediately after the death of the Queen. We duly scheduled a replacement day for a fortnight later but the short notice meant that too many players were unavailable to play on that day. Individual finals will now be played by private arrangement and we will notify the results to Club members.

The Club grounds are looking great and the courts are in good condition. Visiting players often comment how pretty the club looks - my thanks to all those involved. Ours is a club that is run and maintained by volunteers and with the AGM coming up on the 23rd November this is your opportunity to make a contribution by volunteering to join the committee or take on a specific role. Duties are not onerous and it is an opportunity to have your say and influence how the club is run. Contact me on [rob.salter@hotmail.co.uk](mailto:rob.salter@hotmail.co.uk).

Thanks to David Lock for the cartoon below. An apt reminder of our long hot summer.

**Rob Salter**



## **ON THE COURTS**

### **Team News**

Once again, our teams have had variable success this summer. Congratulations are in order to our Men's team who won their division and will be promoted. We have had many hard-fought battles, sometimes just coming out on the losing end, but we have fun and always receive compliments for the refreshments we provide!

Our new team members have performed with great skill and commitment and have, I believe, enjoyed themselves. For the coming winter season, Lyndhurst have entered 1 Ladies, 1 Men's and 2 mixed teams.

Matches have now begun and so our courts will be in use for some Saturdays and Sundays. Please check the club website for further details. Good luck to all teams and again, a huge thank you to all our members who are involved in any way. **Gill Ellis**

### **Southampton LTA Apsley Summer League**

What a summer! The team had heaps of fun playing good competitive tennis once again and the GREAT news is that our mixed team managed to stay in division 3 for next year. In fact, we were almost promoted! The Apsley League this summer was a close-run thing with pressure certainly bubbling away in the last couple of nail-biting matches of the season. Having lost three of our matches during the summer months, the team was under enormous pressure to produce 'wins' in the last two remaining matches and we did.

Well done to all players who volunteered to play and put up with the continually changing match strategy.

We have more and more players willing to put themselves forward for match play which is great news. Thank you all for your support.

The Winter league has already started and I'm very pleased to report that we won our opening match of the winter season. Onwards and Upwards. **Jill Trant**

### **The Ladies Team**

We were entered into the Hants and IOW Summer Doubles league but only had three matches to play this summer in Division 3. This was a little disappointing with so many ladies now available and willing to play. Although we didn't manage to win any of our matches, it's not all about winning - we always have a good time and meet some lovely people along the way. I am pleased to say that our team is progressing and that's the main thing.

There are seven matches to play this coming Winter season and we're all looking forward to getting back out there. **Ann Van Hoof**

### **Box League**

It's been a while since I reported on the Box League and since then the Spring event has come to an end with Brigitta and myself the winners (mainly due to Brigitta). There was a strong uptake for the Summer Box league and news just in is that Tim Stevenson and Chris Thomas are the champions. Congratulations to both.

The Box League is an excellent way to get to know and play with other



members of different standards across the club. Players of all standards are encouraged to join in

The Autumn league will start on October 1st. Please let me know if you would like to take part. **Graham Charlesworth**

## **CLUB COACHING**



We are fortunate to have an excellent coach at the Club. Whether you are a beginner, a little rusty or looking to improve certain aspects of your game then expert help is on hand.

Candy Harrop specialises in the four pillars of coaching: Technical, Tactical, Mental and Physical. This can be improved at any age; all it needs is a willingness to learn and have a growth mindset!

The six-week doubles classes held on Tuesday mornings continue to go well. I work on strategy, positioning and technique as well as adding a bit of cardio in there at the same time to keep everyone on their toes! "The players are moving and poaching more at the net, so opposition... watch out!"

Please contact Candy on [candidarh@gmail.com](mailto:candidarh@gmail.com) or 07497155286

## **Match Play Tennis Course**

Candy's Tuesday morning tennis courses continue to be successful. They are aimed at match play and this is all to do with being in the right place (court positioning) as well as selecting the right shots to play at the right time.

Each course runs for six weeks and costs £45. All enquiries should be directed to me as course administrator.

Please note that the courses are aimed at match play level, if you don't think you are at that standard yet then please contact Candy for some pre-course coaching.

**Ann Van Hoof**  
[ann.vanhoof@aol.com](mailto:ann.vanhoof@aol.com)

## **CLUB NEWS**

### **Club membership**

The Club continues to thrive, with a current count of 143 members. I am pleased to report that most of the new members who joined once lockdown restrictions were abandoned renewed their memberships in March.

We have had eight new members join since 1 April - several introduced by relatively new members who are obviously enjoying playing at the Club! **Sally Cleary, Membership Sec**

### **Committee news**

Our next AGM takes place on Wednesday 23rd November and all members are encouraged to attend. The Club is run solely by volunteers and it's our aim to maintain a healthy rotation of members on the committee to allow everyone to have a say in how things are run.

There are five committee members due to retire this year so if you would like to be considered to become a member and contribute to the running of our Club please contact our Club Secretary Catherine on [cmomahony@hotmail.com](mailto:cmomahony@hotmail.com)

### Club match kit



Ann van Hoof has kindly offered to order some Club shirts for match play. These will be available soon.  
Many thanks for the glamorous pose Ann and Brian!

## CLUB EVENTS

### Spring Tournament

After an absence of two years, the Spring Doubles Tournament made its comeback on 8th May. Sixteen keen players put their names into a hat and drew a partner to play with, and against, throughout the afternoon. After a lot of fine, fun tennis on a brilliantly sunny day, fuelled with tea, cake and supportive spectators two winners emerged to claim their bottles of bubbly.



Many congratulations to Alan Hales (left) and Sally Cleary, for their well-deserved triumphs, and many thanks to Andrew Clough for organising the tournament.

....and to those who were asking to make this a monthly event, you will just have to wait until next year!  
**Catherine O'Mahony**



## The American Lunch

On the very day of the opening of the grouse shooting season (12 August), 21 members and guests braved the sweltering heatwave (34c) for an American lunch at the club.

Angus and Shirley, to whom grateful thanks, rounded up the attendees. It was good to see some past members among us including Liz Lawrence aided by daughter Nicky, Maureen Parry, Sheila Burn, Jill Street and Liz Jackson.

The loan of two gazebos (courtesy of the Roes) ensured there was sufficient shade which proved to be a lifesaver on such a warm day! That didn't stop Peter and Suzy from sunning themselves saying how cool it was compared to Spain!

All agreed it was a great occasion coming over two years since the last such because of the pandemic. We must do it again! **Tony Roe**



## CLUB WEBSITE

The Club website ([www.lyndhursttennis.com](http://www.lyndhursttennis.com)) is an openly accessible source of information of general interest about the Club. It also includes a password-protected Members' Area with items of specific interest to Members.

Visit our website to find out more about Group Sessions, Court Booking, Box League, Club Teams, Coaching ... and lots more.

We aim to keep the website up to date, so if you think something is incorrect or missing please let us know. **Angus Brown**

## Wi-Fi, Website & Webcam

Members wishing to make full use of Club internet facilities will need to know the relevant passwords.

For technical reasons, different passwords are required to access:

- The Dramatic-Tennis Wi-Fi network at the Clubhouse
- The Members-only protected area of the Club website
- Webcam coverage of the courts



Passwords can be found in the Clubroom, inside the door of the floodlight switch cupboard.

The Club website can also be accessed via [this link](#).

## **MAINTENANCE**

As usual a big thank you goes to Andrew Clough for keeping the Club grounds in such resplendent shape, especially given the difficult drought conditions of a relentlessly hot summer. Mike Downton's flowerbed was another blooming success throughout the season helped along by Brigitta's stunning addition of two very jolly sunflowers waving the breeze!



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## **SAFEGUARDING**

Lyndhurst LTC is committed to the safeguarding of children and adults who use the club. If you have any concerns regarding safeguarding at the Club please contact the Welfare Officer Alex James on [alexandclairjames@gmail.com](mailto:alexandclairjames@gmail.com) or 07772790609

### **Covid**

At the time of producing this newsletter (late September) there are no government restrictions concerning Covid. However, with winter approaching we should continue to keep each other safe by using the hand sanitiser and respecting sensible social distancing. Some members are cautious and may also be protecting vulnerable family members at home.

## **GOOD TO KNOW**

### **Defibrillator**

Can you remember how to use the defibrillator and where to find it?

To refresh your memory, please click [HERE](#) to watch a short video.

(Note: The video also shows a 'CPR Device', which our defibrillator does not include.)

To access the defibrillator you will need to:

- Have a key for the clubroom.
- Know where to find the large key fob (usually stored in the clubroom cupboard).
- Unlock the access door to the main clubhouse corridor.
- Find the defibrillator cabinet (on the wall opposite the toilets).

... and don't be surprised when the alarm sounds as you open the cabinet door.

The Club newsletter is edited by Kate Chambers and Rob Salter. Please contact Kate on [katec9929@gmail.com](mailto:katec9929@gmail.com) if you wish to contribute any news, snippets or photos to the next newsletter.